

For *In Vitro* Diagnostic Use

#### ANNUAL REVIEW

| Reviewed by: | Date | Reviewed by: | Date |
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## PRINCIPLE

### INTENDED USE

GLU reagent, when used in conjunction with SYNCHRON LX<sup>®</sup> System(s), UniCel<sup>®</sup> Dx<sub>C</sub> 600/800 System(s) and Synchron<sup>®</sup> Systems Multi Calibrator, is intended for the quantitative determination of glucose concentration in human serum, plasma, urine or cerebrospinal fluid (CSF).

### CLINICAL SIGNIFICANCE

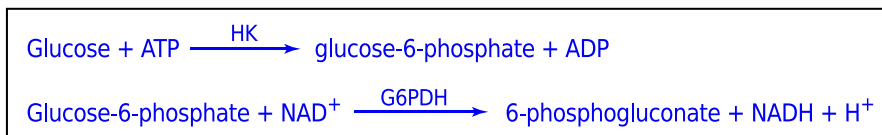
Glucose measurements are used in the diagnosis and treatment of carbohydrate metabolism disorders including diabetes mellitus, neonatal hypoglycemia, idiopathic hypoglycemia, and pancreatic islet cell carcinoma.

### METHODOLOGY

GLU reagent is used to measure the glucose concentration by a timed endpoint method.<sup>1</sup> In the reaction, hexokinase (HK) catalyses the transfer of a phosphate group from adenosine triphosphate (ATP) to glucose to form adenosine diphosphate (ADP) and glucose-6-phosphate. The glucose-6-phosphate is then oxidized to 6-phosphogluconate with the concomitant reduction of β-nicotinamide adenine dinucleotide (NAD) to reduced β-nicotinamide adenine dinucleotide (NADH) by the catalytic action of glucose-6-phosphate dehydrogenase (G6PDH).

The SYNCHRON<sup>®</sup> System(s) automatically proportions the appropriate sample and reagent volumes into the cuvette. The ratio used is one part sample to 100 parts reagent. The system monitors the change in absorbance at 340 nanometers. This change in absorbance is directly proportional to the concentration of glucose in the sample and is used by the System to calculate and express glucose concentration.

### CHEMICAL REACTION SCHEME



E015224L.EPS

# SPECIMEN

## TYPE OF SPECIMEN

Biological fluid samples should be collected in the same manner routinely used for any laboratory test.<sup>2</sup> Freshly drawn serum, plasma, CSF or properly collected urine (random/timed) are the preferred specimens. Acceptable anticoagulants are listed in the PROCEDURAL NOTES section of this chemistry information sheet. Whole blood is not recommended for use as a sample. The use of fluoride as a glycolysis inhibitor is recommended.

## SPECIMEN STORAGE AND STABILITY

1. Tubes of blood are to be kept closed at all times and in a vertical position. It is recommended that the serum or plasma be physically separated from contact with cells within two hours from the time of collection.<sup>3</sup>
2. Separated serum or plasma should not remain at room temperature longer than 8 hours. If assays are not completed within 8 hours, serum or plasma should be stored at +2°C to +8°C. If assays are not completed within 48 hours, or the separated sample is to be stored beyond 48 hours, samples should be frozen at -15°C to -20°C. Frozen samples should be thawed only once. Analyte deterioration may occur in samples that are repeatedly frozen and thawed.<sup>3</sup>
3. It is recommended that urine assays be performed within 2 hours of collection. For timed specimens, the collection container is to be kept in the refrigerator or on ice during the timed period. If a special preservative is required, it should be added to the container before urine collection begins.<sup>4</sup>
4. CSF specimens should be centrifuged and analyzed without delay. Specimens may be refrigerated or frozen for 7 to 10 days for repeat determinations.<sup>5</sup>

**Additional specimen storage and stability conditions as designated by this laboratory:**

## SAMPLE VOLUME

The optimum volume, when using a 0.5 mL sample cup, is 0.3 mL of sample. For optimum primary sample tube volumes and minimum volumes, refer to the Primary Tube Sample Template for your system.

## CRITERIA FOR UNACCEPTABLE SPECIMENS

Refer to the PROCEDURAL NOTES section of this chemistry information sheet for information on unacceptable specimens.

**Criteria for sample rejection as designated by this laboratory:**

## PATIENT PREPARATION

Special instructions for patient preparation as designated by this laboratory:

## SPECIMEN HANDLING

Special instructions for specimen handling as designated by this laboratory:

## REAGENTS

### CONTENTS

Each kit contains the following items:

Two GLU Reagent Cartridges (2 x 300 tests)

### VOLUMES PER TEST

|                      |             |
|----------------------|-------------|
| Sample Volume        | 3 $\mu$ L   |
| Total Reagent Volume | 300 $\mu$ L |
| Cartridge Volumes    |             |
| A                    | 273 $\mu$ L |
| B                    | 27 $\mu$ L  |
| C                    | --          |

### REACTIVE INGREDIENTS

#### REAGENT CONSTITUENTS

|                                   |            |
|-----------------------------------|------------|
| Adenosine Triphosphate            | 3.8 mmol/L |
| NAD <sup>+</sup>                  | 2.7 mmol/L |
| Hexokinase                        | 2.0 KIU/L  |
| Glucose-6-phosphate dehydrogenase | 3.0 KIU/L  |

Also non-reactive chemicals necessary for optimal system performance.

 **CAUTION**

Sodium azide preservative may form explosive compounds in metal drain lines. See National Institute for Occupational Safety and Health Bulletin: Explosive Azide Hazards (8/16/76).

Avoid skin contact with reagent. Use water to wash reagent from skin.

#### **MATERIALS NEEDED BUT NOT SUPPLIED WITH REAGENT KIT**

Synchron<sup>®</sup> Systems Multi Calibrator  
At least two levels of control material  
Saline

#### **REAGENT PREPARATION**

No preparation is required.

#### **ACCEPTABLE REAGENT PERFORMANCE**

The acceptability of a reagent is determined by successful calibration and by ensuring that quality control results are within your facility's acceptance criteria.

#### **REAGENT STORAGE AND STABILITY**

GLU reagent when stored unopened at +2°C to +8°C will obtain the shelf-life indicated on the cartridge label. Once opened, the reagent is stable for 30 days unless the expiration date is exceeded. DO NOT FREEZE.

#### **Reagent storage location:**



## **CALIBRATION**

#### **CALIBRATOR REQUIRED**

Synchron<sup>®</sup> Systems Multi Calibrator

#### **CALIBRATOR PREPARATION**

No preparation is required.

#### **CALIBRATOR STORAGE AND STABILITY**

If unopened, the Synchron<sup>®</sup> Systems Multi Calibrator should be stored at -15°C to -20°C until the expiration date printed on the calibrator bottle. Opened calibrators that are resealed and stored at +2°C to +8°C are stable for 20 days unless the expiration date is exceeded.

 CAUTION

Because this product is of human origin, it should be handled as though capable of transmitting infectious diseases. Each serum or plasma donor unit used in the preparation of this material was tested by United States Food and Drug Administration (FDA) approved methods and found to be negative for antibodies to HIV and HCV and nonreactive for HbsAg. Because no test method can offer complete assurance that HIV, hepatitis B virus, and hepatitis C virus or other infectious agents are absent, this material should be handled as though capable of transmitting infectious diseases. This product may also contain other human source material for which there is no approved test. The FDA recommends such samples to be handled as specified in Centers for Disease Control's Biosafety Level 2 guidelines.<sup>6</sup>

Calibrator storage location:



## CALIBRATION INFORMATION

1. The system must have valid calibration factors in memory before controls or patient samples can be run.
2. Under typical operating conditions the GLU reagent cartridge must be calibrated every 14 days and also with certain parts replacements or maintenance procedures, as defined in the SYNCHRON LX *Maintenance Manual and Instrument Log*, or the UniCel DxC 600/800 System *Instructions For Use* (IFU) manual. This assay has within-lot calibration available. Refer to the SYNCHRON LX *Operations Manual*, or the UniCel DxC 600/800 System *Instructions For Use* (IFU) manual for information on this feature.
3. For detailed calibration instructions, refer to the SYNCHRON LX *Operations Manual*, or the UniCel DxC 600/800 System *Instructions For Use* (IFU) manual.
4. The system will automatically perform checks on the calibration and produce data at the end of calibration. In the event of a failed calibration, the data will be printed with error codes and the system will alert the operator of the failure. For information on error codes, refer to the SYNCHRON LX *Diagnostics and Troubleshooting Manual*, or the UniCel DxC 600/800 System *Instructions For Use* (IFU) manual.

## TRACEABILITY

For Traceability information refer to the Calibrator instructions for use.

## QUALITY CONTROL

At least two levels of control material should be analyzed daily. In addition, these controls should be run with each new calibration, with each new reagent cartridge, and after specific maintenance or troubleshooting procedures as detailed in the appropriate system manual. More frequent use of controls or the use of additional controls is left to the discretion of the user based on good laboratory practices or laboratory accreditation requirements and applicable laws.

The following controls should be prepared and used in accordance with the package inserts. Discrepant quality control results should be evaluated by your facility.

**Table 1.0 Quality Control Material**

| CONTROL NAME | SAMPLE TYPE | STORAGE |
|--------------|-------------|---------|
|              |             |         |
|              |             |         |
|              |             |         |
|              |             |         |
|              |             |         |

## TESTING PROCEDURE(S)

1. If necessary, load the reagent onto the system.
2. After reagent load is completed, calibration may be required.
3. Program samples and controls for analysis.
4. After loading samples and controls onto the system, follow the protocols for system operations.

For detailed testing procedures, refer to the SYNCHRON LX *Operations Manual*, or the UniCel DxC 600/800 System *Instructions For Use* (IFU) manual.

## CALCULATIONS

The SYNCHRON® System(s) performs all calculations internally to produce the final reported result. The system will calculate the final result for sample dilutions made by the operator when the dilution factor is entered into the system during sample programming.

## REPORTING RESULTS

Equivalency between the SYNCHRON LX and UniCel DxC 600/800 Systems has been established. Chemistry results between these systems are in agreement and data from representative systems may be shown.

## REFERENCE INTERVALS

Each laboratory should establish its own reference intervals based upon its patient population. The reference intervals listed below were taken from literature and a study performed on SYNCHRON Systems.<sup>7</sup>

**Table 2.0 Reference intervals<sup>a</sup>**

| INTERVALS  | SAMPLE TYPE     | CONVENTIONAL UNITS | S.I. UNITS         |
|------------|-----------------|--------------------|--------------------|
| Literature | Serum or Plasma | 74 – 106 mg/dL     | 4.1 – 5.9 mmol/L   |
|            | Urine           | 1 – 15 mg/dL       | 0.06 – 0.83 mmol/L |
|            | Urine (timed)   | < 0.5 g/24 hrs     | < 2.8 mmol/24 hrs  |
|            | CSF             | 40 – 70 mg/dL      | 2.2 – 3.9 mmol/L   |
| SYNCHRON   | Serum or Plasma | 79 – 115 mg/dL     | 4.4 – 6.4 mmol/L   |

<sup>a</sup> Data shown was collected using SYNCHRON CX Systems. Equivalency between SYNCHRON LX Systems has been established by Deming regression analysis to SYNCHRON CX Systems.

| INTERVALS  | SAMPLE TYPE | CONVENTIONAL UNITS | S.I. UNITS |
|------------|-------------|--------------------|------------|
| Laboratory |             |                    |            |
|            |             |                    |            |
|            |             |                    |            |

Refer to References (8,5,9) for guidelines on establishing laboratory-specific reference intervals.

Additional reporting information as designated by this laboratory:

## PROCEDURAL NOTES

### ANTICOAGULANT TEST RESULTS

- If plasma is the sample of choice, the following anticoagulants were found to be compatible with this method based on a study of 20 healthy volunteers:

**Table 3.0 Compatible Anticoagulants<sup>a</sup>**

| ANTICOAGULANT                     | LEVEL TESTED FOR IN VITRO INTERFERENCE | AVERAGE PLASMA-SERUM BIAS (mg/dL) |
|-----------------------------------|--|-----------------------------------|
| Ammonium Heparin                  | 29 Units/mL                            | NSI                               |
| Lithium Heparin                   | 29 Units/mL                            | NSI                               |
| Sodium Heparin                    | 29 Units/mL                            | NSI                               |
| Potassium Oxalate/Sodium Fluoride | 4.0 / 5.0 mg/mL                        | NSI                               |

a Data shown was collected using SYNCHRON CX Systems. Equivalency between SYNCHRON LX Systems has been established by Deming regression analysis to SYNCHRON CX Systems.

- The following anticoagulants were found to be incompatible with this method:

**Table 4.0 Incompatible Anticoagulants<sup>a</sup>**

| ANTICOAGULANT  | LEVEL TESTED FOR IN VITRO INTERFERENCE | PLASMA-SERUM BIAS (mg/dL) <sup>b</sup> |
|----------------|--|--|
| EDTA           | 3.0 mg/mL                              | ≤±9.0                                  |
| Sodium Citrate | 1.7 mg/mL                              | ≤-27                                   |

a Data shown was collected using SYNCHRON CX Systems. Equivalency between SYNCHRON LX Systems has been established by Deming regression analysis to SYNCHRON CX Systems.

b Bias is based on worst case instead of average. Plus (+) or minus (-) signs in this column signify positive or negative bias.

### LIMITATIONS

None identified.

### INTERFERENCES

- The following substances were tested for interference with this methodology:

Table 5.0 Interferences<sup>a</sup>

| SUBSTANCE     | SOURCE                  | MAXIMUM LEVEL TESTED | OBSERVED EFFECT <sup>b</sup> |
|---------------|-------------------------|----------------------|------------------------------|
| Hemoglobin    | RBC hemolysate          | (4+) 400 mg/dL       | ≤±3.2 mg/dL or ±3.2%         |
| Bilirubin     | Bovine                  | 24 mg/dL             | ≤±3.2 mg/dL or ±3.2%         |
| Lipemia       | Intralipid <sup>c</sup> | (4+) 400 mg/dL       | ≤±3.2 mg/dL or ±3.2%         |
| Ascorbic Acid | NA <sup>d</sup>         | 3.0 mg/dL            | ≤±3.2 mg/dL or ±3.2%         |
| Urea          | NA                      | 500 mg/dL            | ≤±3.2 mg/dL or ±3.2%         |
| Uric acid     | NA                      | 20 mg/dL             | ≤±3.2 mg/dL or ±3.2%         |
| EDTA          | NA                      | 8 mg/dL              | ≤±3.2 mg/dL or ±3.2%         |
| Creatinine    | NA                      | 30 mg/dL             | ≤±3.2 mg/dL or ±3.2%         |

a Data shown was collected using SYNCHRON CX Systems. Equivalency between SYNCHRON LX Systems has been established by Deming regression analysis to SYNCHRON CX Systems.

b Plus (+) or minus (-) signs in this column signify positive or negative interference.

c Intralipid is a registered trademark of KabiVitrum, Inc., Clayton, NC 27250.

d NA = Not applicable.

2. Refer to References (10,11,12) for other interferences caused by drugs, disease and preanalytical variables.

## PERFORMANCE CHARACTERISTICS

### ANALYTIC RANGE

The SYNCHRON<sup>®</sup> System(s) method for the determination of this analyte provides the following analytical ranges:

Table 6.0 Analytical Range

| SAMPLE TYPE                 | CONVENTIONAL UNITS | S.I. UNITS        |
|-----------------------------|--------------------|-------------------|
| Serum, Plasma, Urine or CSF | 5 – 700 mg/dL      | 0.3 – 38.8 mmol/L |

Samples with concentrations exceeding the high end of the analytical range should be diluted with saline and reanalyzed.

### REPORTABLE RANGE (AS DETERMINED ON SITE):

Table 7.0 Reportable Range

| SAMPLE TYPE | CONVENTIONAL UNITS | S.I. UNITS |
|-------------|--------------------|------------|
|             |                    |            |
|             |                    |            |
|             |                    |            |

### SENSITIVITY

Sensitivity is defined as the lowest measurable concentration which can be distinguished from zero with 95% confidence. Sensitivity for GLU determination is 5 mg/dL (0.3 mmol/L).

### EQUIVALENCY

Equivalency was assessed by Deming regression analysis of patient samples to accepted clinical methods.



**Serum or plasma (in the range of 25 to 568 mg/dL):**

|                             |                 |
|-----------------------------|-----------------|
| Y (SYNCHRON LX Systems)     | = 0.989X - 2.80 |
| N                           | = 86            |
| MEAN (SYNCHRON LX Systems)  | = 206.1         |
| MEAN (SYNCHRON CX7 DELTA)   | = 211.2         |
| CORRELATION COEFFICIENT (r) | = 0.9967        |

**Urine (in the range of 5 to 643 mg/dL):**

|                             |                 |
|-----------------------------|-----------------|
| Y (SYNCHRON LX Systems)     | = 0.965X + 1.56 |
| N                           | = 89            |
| MEAN (SYNCHRON LX Systems)  | = 261.0         |
| MEAN (SYNCHRON CX7 DELTA)   | = 268.9         |
| CORRELATION COEFFICIENT (r) | = 0.9989        |

**CSF (in the range of 6 to 566 mg/dL):**

|                             |                 |
|-----------------------------|-----------------|
| Y (SYNCHRON LX Systems)     | = 0.986X + 0.57 |
| N                           | = 95            |
| MEAN (SYNCHRON LX Systems)  | = 177.3         |
| MEAN (SYNCHRON CX7 DELTA)   | = 179.2         |
| CORRELATION COEFFICIENT (r) | = 0.9984        |

Refer to References (13) for guidelines on performing equivalency testing.

**PRECISION**

A properly operating SYNCHRON<sup>®</sup> System(s) should exhibit precision values less than or equal to the following:

**Table 8.0 Precision Values**

| TYPE OF PRECISION | SAMPLE TYPE                | 1 SD  |        | CHANGEOVER VALUE <sup>a</sup> |        | % CV |
|-------------------|----------------------------|-------|--------|-------------------------------|--------|------|
|                   |                            | mg/dL | mmol/L | mg/dL                         | mmol/L |      |
| Within-run        | Serum/Plasma, Urine or CSF | 2.0   | 0.11   | 100.0                         | 5.5    | 2.0  |
| Total             | Serum/Plasma, Urine or CSF | 3.0   | 0.17   | 100.0                         | 5.5    | 3.0  |

<sup>a</sup> When the mean of the test precision data is less than or equal to the changeover value, compare the test SD to the SD guideline given above to determine the acceptability of the precision testing. When the mean of the test precision data is greater than the changeover value, compare the test % CV to the guideline given above to determine acceptability. Changeover value = (SD guideline/CV guideline) x 100.

Comparative performance data for a SYNCHRON LX<sup>®</sup> System evaluated using the NCCLS Proposed Guideline EP5-T2 appears in the table below.<sup>14</sup> Each laboratory should characterize their own instrument performance for comparison purposes.

Table 9.0 NCCLS EP5-T2 Precision Estimate Method

| TYPE OF IMPRECISION | SAMPLE TYPE |           | No. Systems | No. Data Points <sup>a</sup> | Test Mean Value (mg/dL) | EP5-T2 Calculated Point Estimates |      |
|---------------------|-------------|-----------|-------------|------------------------------|-------------------------|-----------------------------------|------|
|                     |             |           |             |                              |                         | SD                                | %CV  |
| Within-run          | Serum       | Control 1 | 1           | 80                           | 42.31                   | 0.70                              | 1.65 |
|                     | Serum       | Control 2 | 1           | 80                           | 394.69                  | 3.75                              | 0.95 |
|                     | Urine       | Control 1 | 1           | 80                           | 20.48                   | 0.50                              | 2.44 |
|                     | Urine       | Control 2 | 1           | 80                           | 284.35                  | 3.29                              | 1.16 |
|                     | CSF         | Control 1 | 1           | 80                           | 50.58                   | 1.30                              | 2.58 |
|                     | CSF         | Control 2 | 1           | 80                           | 102.13                  | 1.41                              | 1.38 |
| Total               | Serum       | Control 1 | 1           | 80                           | 42.31                   | 0.79                              | 1.87 |
|                     | Serum       | Control 2 | 1           | 80                           | 394.69                  | 4.95                              | 1.25 |
|                     | Urine       | Control 1 | 1           | 80                           | 20.48                   | 0.52                              | 2.52 |
|                     | Urine       | Control 2 | 1           | 80                           | 284.35                  | 7.38                              | 2.60 |
|                     | CSF         | Control 1 | 1           | 80                           | 50.58                   | 1.51                              | 2.99 |
|                     | CSF         | Control 2 | 1           | 80                           | 102.13                  | 2.06                              | 2.01 |

<sup>a</sup> The point estimate is based on the pooled data from one system, run for twenty days, two runs per day, two observations per run on an instrument operated and maintained according to the manufacturer's instructions.

**NOTICE**

These degrees of precision and equivalency were obtained in typical testing procedures on a SYNCHRON LX<sup>®</sup> System and are not intended to represent the performance specifications for this reagent.

**ADDITIONAL INFORMATION**

For more detailed information on SYNCHRON LX Systems or UniCel DxC Systems, refer to the appropriate system manual.

**SHIPPING DAMAGE**

If damaged product is received, notify your Beckman Coulter Clinical Support Center.

## REFERENCES

1. Centers for Disease Control, *A Proposed Method for Determining Glucose Using Hexokinase and Glucose 6-Phosphatase Dehydrogenase*, Public Health Service (1976).
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4. National Committee for Clinical Laboratory Standards, *Routine Urinalysis and Collection, Transportation and Preservation of Urine Specimens*, Tentative Guideline, NCCLS publication GP16-T, Villanova, PA (1992).
5. Tietz, N. W., ed., *Fundamentals of Clinical Chemistry*, 3rd Edition, W. B. Saunders, Philadelphia, PA (1987).
6. CDC-NIH manual, *Biosafety in Microbiological and Biomedical Laboratories*, U.S. Government Printing Office, Washington, D.C. (1984).
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8. National Committee for Clinical Laboratory Standards, *How to Define, Determine, and Utilize Reference Intervals in the Clinical Laboratory*, Approved Guideline, NCCLS publication C28-A, Villanova, PA (1995).
9. Henry, J. B., *Clinical Diagnosis and Management by Laboratory Methods*, 18th Edition, W. B. Saunders Company, Philadelphia, PA (1991).
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11. Friedman, R. B., Young, D. S., *Effects of Disease on Clinical Laboratory Tests*, 3rd Edition, AACC Press, Washington, D.C. (1997).
12. Young, D. S., *Effects of Preanalytical Variables on Clinical Laboratory Tests*, 2nd Edition, AACC Press, Washington, D. C. (1997).
13. National Committee for Clinical Laboratory Standards, *Method Comparison and Bias Estimation Using Patient Samples*, Approved Guideline, NCCLS publication EP9-A, Villanova, PA (1995).
14. National Committee for Clinical Laboratory Standards, *Precision Performance of Clinical Chemistry Devices*, Tentative Guideline, 2nd Edition, NCCLS publication EP5-T2, Villanova, PA (1992).

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